

Young Persons with Physical Disabilities

Inboard Rehabilitation and Vocational Training Centre



HELLABEEM SRI LANKA

Annual Activity Report 2022



In April started an uproar against the government.

In the beginning, lots of peaceful demonstrations started but that ended in an assault on the parliament buildings.

The president and vice president had to resign. They and their governing party made a mess of the economy. Also the Corona and the global pandemic did not help, as a result, the country went bankrupt and no tourist came. That made it even more difficult. They got a new president but no new government.

We are giving all staff members 8000 SL-rps more as an allowance because of the high inflation. 80% inflation for food costs.

In February started the **coconut-training**. Several boys participated in that.



The fieldworker Monica Rohani is doing her best to get new candidates for Hellabeem which is difficult in this situation of the country.

End of Januari we had a fantastic beach day in Weligama.

That is a huge operation, with a small bus, tractor, three wheelers, scooters etc.



Beachparty 2022

It was difficult to come to Hellabeem for the **electronic teacher** Tharanga because of his problems with his health, muscular disease. Therefore we asked 2 old students who came and stayed in Hellabeem to give lessons. Subash is giving electronics. And Shiran is giving telephone repair.



We got electrical tools to upgrade our electronic classes.



Shiran

Subash

A Video company came to make a film about Hellabeem Sri Lanka. It is on YouTube channel. Later they also did a radiobroadcast. It was not successful.

Lots of agricultural practices were done. Vegetables, Manioc and Turmeric, Mushrooms, Mukunuwanna and other vegetables.



mukunuwanna

Tea plucking

Kasun cleaning the seedbed



We bought another kind of chicken, long legged, who can eat outside. So, we started to make a special chicken hut and premises for them.



Dhamika old student and Dhamika teacher.



Dhammika old student joined with agricultural work, it is difficult to find a job for him and he has a wife blind in one eye and a daughter who has the same disability as him. Dhammika teacher said she is happy with his work.



The cinnamon has been processed.
Sanka and Pyal participated.

Unfortunately, **Udara our student passed away**. He was in the hospital for a long time due to extreme high blood pressure and his kidneys failed. We gave a coffin to his family.

Sampath old student and Natheesha giving alms.



Our old girls students also gave alms



After long time an almsgiving was received, because of COVID, people could not do this.

A good lunch and tea with snack at evening time to celebrate a birthday of their child. They will give this every year. Hopefully more will come.

Our old student girls came by and gave alms. Sampath old student came as well on the birthday of his wife.

Online meeting with DOJF (Disabled Organizations Joint Front) of which we are a member. It is an umbrella body of organisations 'of' and 'for' Persons with Disabilities (PWD) in Sri Lanka, *DOJF* aims to enable disability organizations to work jointly as a pressure group to protect the rights of PWD's, ensuring them a barrier-free, independent life ... Thishantha, Kaveesha and Kasun attended from Hellabeem. Mainly discussed about rights of disabled persons and Convention on the Rights of Persons with Disabilities.

In May the new district secretary called for **an NGO meeting**. Main purpose is to introduce him to each NGO and also talked about food insecurity. He requested all NGOs to initiate possible programs for developing home gardens. Also, quarterly reports were handed over which always takes a long time to prepare.

Internship at Hellabeem.

In July 2 girls arrived at Hellabeem. They came with their parents and relatives. Mr. Sidath a friend of ours also came to visit

They study for a 4 years degree in social work. They stayed within Hellabeem for 4 months.

Everybody was very happy about it. One trainee, Ayodya, helped the boys to create a new mobile phone room with new ideas to make it more attractive and teaching friendly. She likes to see how this arrangement helps to develop the mental condition of students.



The other trainee, Hasini, helps with developing a new home garden with a group of boys and see how this group activity helps to develop personalities.

Activities done by trainee students.

Entertainment program

Meditation sessions

Counselling program

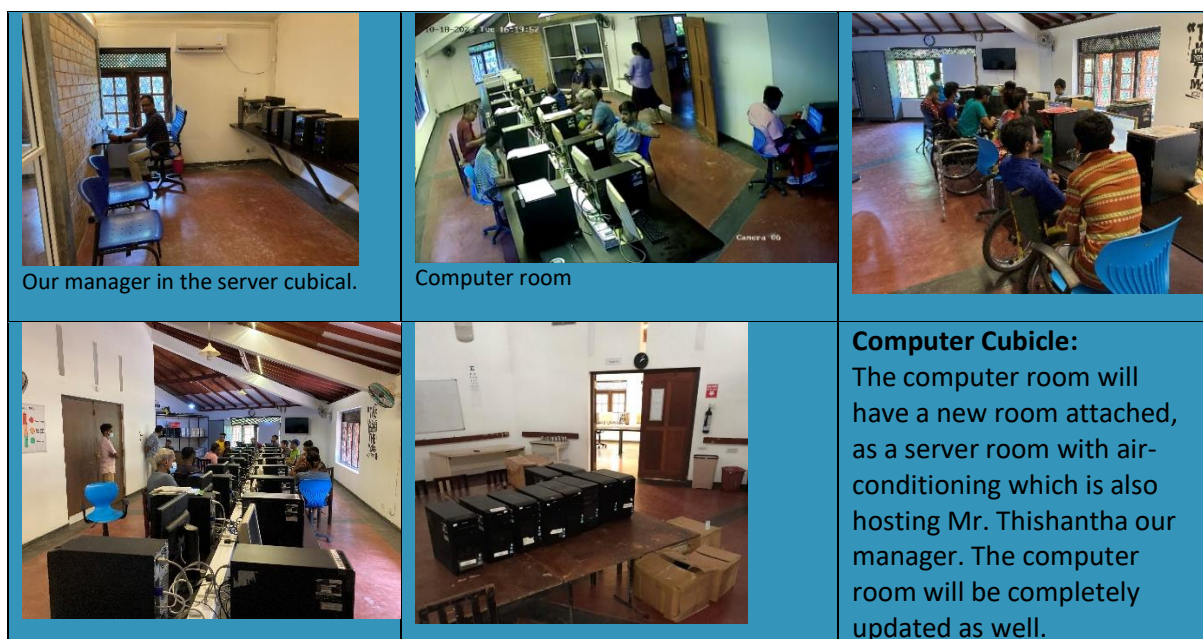
Motivation program

Leadership program

Motivating various activities such as electronic, creative work, computer and coconut creation

Talent show

Session for expenditure management and how to open a bank account and handling bank matters.



Our manager in the server cubical.

Computer room

Computer Cubicle:

The computer room will have a new room attached, as a server room with air-conditioning which is also hosting Mr. Thishantha our manager. The computer room will be completely updated as well.

A lot of work already has been done. Hopefully it will be finished in January 2023.

Good wheelchair donated by Medux company.



Booster Injection – 4th dose in August.

New public health officer was appointed to our area, he visited Hellabeem and was informed that the 4th dose of booster injection will be given on the second of September at Hellabeem premises. Some boys contacted their parents and got advice not to get the vaccination. What can we do about these ignorant people.

Tube well – Technician checked the pump and control panel, found out that short circuit in both panel and pump. Pump is burnt due to this. It was sent to see the possibility of rewinding. That is a very difficult task and costly, especially since this Indian pump is not in the local market. Finally, we were able to find a good one. Ingco 0.75HP 64m head pump was fixed to the well with a new pump control unit. It has a one-minute timer alarm, can adjust pumping intervals and automatically switch off when well water is finished without any separate sensors. We can fix the floating valve to the sump end, and it detects the pressure and switches off when the sump is full. Fixing was done by a new technician.



Paper Crafts has been done successfully. Mr. Dayalal and some students made very nice paper crafts and packeted herbs and tea from our own garden. We are selling this in the Netherlands.



New counsellor Mrs. Sujani Deepika comes on Saturdays. Our students need big support from her to develop their mindset to make proper goals and neutralize their problems. She is also talking to the regional counsellors.



Mrs.Sujani

Physiotherapy and Medical

Outpatient clinic is very successful now after intervention of Mr. Thishantha, our manager. More structure to be seen. Sanath our old Hellabeem student and husband of Shanika and Monica Rohani our field officer together with Sri Lanka students jointly helped and make the event very active and attractive. Parents are very happy about it. Monica said she will look more about their daily living activities. So occupational therapy. 2 clients need supporting devices prescribed by Mr. Janaka Sanjayay our outside physiotherapist who comes 1x in 14 days. We are paying for **all** their transport because they have to come by three-wheeler. As the petrol is very costly and the **medicines** we pay for them are also very costly.



Outside patients

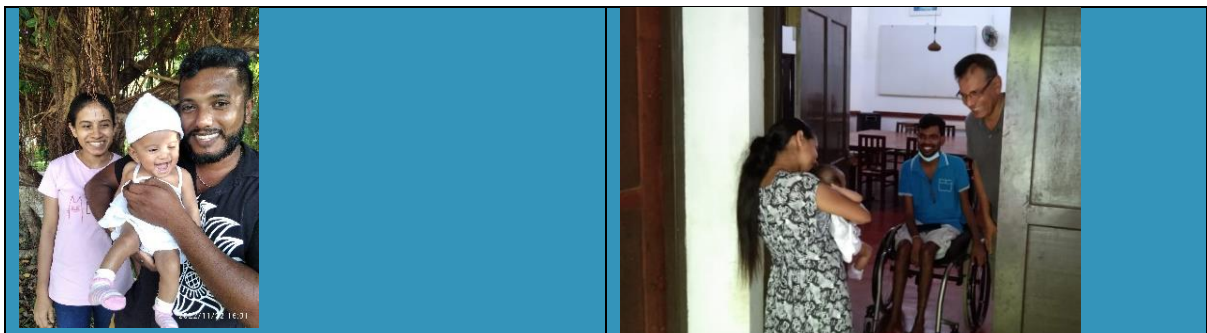
Some of them have seizures and need expensive medicines. **Thanks to Rotary club Hockenheim in Germany, we can afford it.** 5 boys have got spectacles.

Many boys got sick and had to go to doctors and hospitals, which is a big burden on our staff. Mostly have to go in the evening for private clinic. If you go to general hospital it takes a whole day. Also for wound care for some boys we have to go to special private clinics.

Food processing Training.

Group 1 boys who are leaving end of this year are now practicing different curries, they have to learn how to cook. They have done it every Saturday this year.

Shanika resumes works after the delivery of baby girl Shanelli.



She was born in June.

The whole family including Sanath and the baby were welcomed to Hellabeem, Thishantha's room is arranged for her, and the baby cot is there.

Kaveesha, our disabled administrator's work during her absence is highly appreciated. He took over part of the daily matters. She supported by telephone.

2 marriages happened.



Our old student Ruhan, he married with our old student girl Dhanusha, who did computer training for a half year.



Dulike who did several trainings and also computer training. She also got married.

2 of our old students Shashi and Sampath came and talked with our boys about their experience. Shashi has a lot experience about mobile phone repair and stayed 2 days.



Shashi 4th of the left.



Shashi at bottom of picture

Bus trip in December to Nuwara Elia. It was very cold and a few boys got sick. It was sponsored by a committee member of the Dutch board for our 15-year jubilee of Hellabeem Sri Lanka.



Boat trip on Gregory Lake in Nuwara Elia.



Visit to big cow farm.



On 16th December we had the **diploma ceremony for 8 boys**.

What a big party it was. Mr. Suresh our previous computer teacher came a day before and practiced with them. He also arranged 2 persons with musical accompaniment.

Everybody was very happy.





We had a 2 days training for the old students and group 1 by an outside trainer for mobile phone repair. It was very successful. They also expressed their experience of Hellabeem and their shop.

Promoth, Danuska, Lakmal, Chameere, Prasath, Madushanka, Tharusha & Ravinath **left Hellabeem**.
We were all sad but happy for them.



All staff members did a great job for Hellabeem! Also, in the absense of Helene Heijen and Jan van Beek.

Holidays started.